

Appendix 3 - Included, excluded and ongoing studies - Remdesivir for COVID-19: A living systematic review

Included randomized trials

ACTT-1 (1-4)	Details or comments
<p><b>REFERENCES</b></p> <p>Beigel et al (1)</p> <p>ISRCTN13035264 (2)</p> <p>NCT04280705 (3)</p> <p>National Institutes of Health (4)</p>	<p><b>Publication thread for ACTT-1 (Adaptive COVID-19 Treatment Trial)</b></p> <p><a href="#">Epistemonikos</a></p> <p>Type: Journal article</p> <p><a href="#">Epistemonikos</a></p> <p>Type: Trial registry</p> <p><a href="#">Epistemonikos</a></p> <p>Type: Trial registry</p> <p><a href="#">Epistemonikos</a></p> <p>Type: Press release</p> <p><a href="#">Epistemonikos</a></p>
<p><b>STUDY DESIGN</b></p> <p><input checked="" type="checkbox"/> Randomized trial</p> <p><input type="checkbox"/> Comparative, non-randomized</p> <p><input type="checkbox"/> Non-comparative study</p>	<p>QUOTE:</p> <p>Multicenter, Adaptive, Randomized Blinded Controlled Trial</p> <p>Eligible patients were randomly assigned in a 1:1 ratio to receive either remdesivir or placebo. Randomization was stratified by study site and disease severity at enrollment</p>
<p><b>POPULATION: INCLUSION CRITERIA</b></p>	<p>QUOTE:</p> <p>Participants 18 years of age or older who were hospitalized with</p>

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<input type="checkbox"/> COVID-19 <input checked="" type="checkbox"/> COVID-19 pneumonia <input type="checkbox"/> Severe COVID-19 pneumonia	<p>symptoms suggestive of COVID-19 were assessed for eligibility. Participants had to meet one of the following criteria suggestive of lower respiratory tract infection at the time of enrollment: radiographic infiltrates by imaging study, peripheral oxygen saturation (SpO<sub>2</sub>) ≤94% on room air, or requiring supplemental oxygen, mechanical ventilation, or extracorporeal membrane oxygenation (ECMO). There was no limit to the duration of symptoms prior to enrollment. Participants had to have a laboratory-confirmed SARS-CoV-2 infection as determined by a positive reverse transcription, polymerase-chain-reaction (RT-PCR) assay result from any respiratory specimen collected &lt;72 hours prior to randomization. During the study, this criterion was modified due to limitations in testing capacity to also allow a RT-PCR positive specimen that was collected ≥72 hours prior to randomization if the site was unable to obtain a repeat sample and if the participant had progressive disease consistent with ongoing SARS-CoV-2 infection. Other inclusion criteria included agreeing not to participate in another COVID-19 treatment clinical trial through Day 29 and practicing heterosexual abstinence or using study-specified contraception through Day 29 for women of childbearing potential. Exclusion criteria included having either an alanine aminotransferase (ALT) or an aspartate aminotransferase (AST) &gt; 5 times the upper limit of the normal range; impaired renal function as determined by calculating an estimated glomerular filtration rate (eGFR), or need for hemodialysis or hemofiltration; allergy to study product; pregnancy or breast-feeding; and anticipated discharge from the hospital or transfer to another hospital within 72 hours of enrollment.</p>
<p><b>INTERVENTION</b></p> <input checked="" type="checkbox"/> Remdesivir	<p>QUOTE:          200 mg of Remdesivir administered intravenously on day 1, followed by a 100 mg once-daily maintenance dose of Remdesivir while hospitalized</p>

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	for up to a 10 days total course.
<p><b>COMPARISON</b></p> <p><input checked="" type="checkbox"/> Placebo (plus standard care)</p> <p><input type="checkbox"/> No treatment (standard care)</p>	<p>QUOTE:</p> <p>A matching placebo was administered according to the same schedule and in the same volume as the active drug. A normal saline placebo was used at the European sites and at some non-European sites owing to a shortage of matching placebo; the infusions were masked with an opaque bag and tubing covers to maintain blinding.</p> <p>All patients received supportive care according to the standard of care for the trial site hospital. If a hospital had a written policy or guideline for use of other treatments for Covid-19, patients could receive those treatments. In the absence of a written policy or guideline, other experimental treatment or off-label use of marketed medications intended as specific treatment for Covid-19 were prohibited from day 1 through day 29 (though such medications could have been used before enrollment in this trial)..</p>
<p><b>OUTCOMES</b></p> <p><input checked="" type="checkbox"/> All-cause mortality</p> <p><input checked="" type="checkbox"/> Invasive mechanical ventilation</p> <p><input checked="" type="checkbox"/> Adverse effects leading to discontinuation</p> <p><input type="checkbox"/> Time to viral clearance</p> <p><input type="checkbox"/> Length of hospital stay</p>	<p>All-cause mortality: This outcome was measured at 14 and 28 days of follow up.</p> <p>Mechanical ventilation: This outcome was measured together with other outcomes in an ordinal scale of clinical improvement. The result of the first follow-up was considered.</p> <p>Adverse effects leading to discontinuation: All serious adverse events and grade 3 or 4 adverse events that represented an increase in severity from day 1 and any grade 2 or higher suspected drug-related hypersensitivity reactions were recorded.</p> <p>Time to viral clearance: This outcome was not reported.</p>

<input type="checkbox"/> Extracorporeal membrane oxygenation  <input checked="" type="checkbox"/> Serious adverse effects	<p>Length of hospital stay: This outcome was not reported.</p> <p>Extracorporeal membrane oxygenation: This outcome was measured together with other outcomes in an ordinal scale of clinical improvement. This information was not considered for data extraction. .</p> <p>Serious adverse events: This outcome was measured after randomization through day 28 (longer follow-up).</p>
<b>RISK OF BIAS</b>	
<p><b>Risk of bias arising from the randomization process</b></p>	<p><b>Low risk for all outcomes.</b></p> <p>Eligible patients were randomly assigned in a 1:1 ratio to receive either remdesivir or placebo. Randomization was stratified by study site and disease severity at enrollment</p> <p>Randomization was stratified by study site and disease severity at enrollment and was performed using a web-based Internet Data Entry System, Advantage eClinical</p>
<p><b>Risk of bias due to deviations from intended interventions</b></p>	<p><b>Some concern for all outcomes.</b></p> <p>All patients received supportive care according to the standard of care for the trial site hospital. If a hospital had a written policy or guideline for use of other treatments for Covid-19, patients could receive those treatments. In the absence of a written policy or guideline, other experimental treatment or off-label use of marketed medications intended as specific treatment for Covid-19 were prohibited from day 1 through day 29 (though such medications could have been used before enrollment in this trial).</p> <p>No specific information was reported on possible treatments or co-</p>

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	interventions received by patients in the different centers.
<b>Risk of bias due to missing outcome data</b>	<b>High risk for all outcomes.</b>  There are important missing results (outcome data) as these are preliminary results and the follow-up is still ongoing
<b>Risk of bias in measurement of outcomes</b>	<b>Low risk of bias for all outcomes.</b>  All follow-up safety and efficacy evaluations will be performed by blinded clinic staff.
<b>Risk of bias in selection of reported results</b>	<b>Low risk of bias</b>  All outcomes were listed as pre-planned outcomes and were analyzed in accordance with a pre-specified analysis plan.

CAP-China remdesivir 2 (4-6)	Details or comments
<b>REFERENCES</b>	<b>Publication thread for CAP-China remdesivir 2</b>
Wang et al (4)	<a href="#">Epistemonikos</a>  Type: Journal article  <a href="#">Epistemonikos</a>
Wang et al (5)	Type: Protocol article  <a href="#">Epistemonikos</a>
NCT04257656 (6)	Type: Trial registry  <a href="#">Epistemonikos</a>

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<p><b>STUDY DESIGN</b></p> <p><input checked="" type="checkbox"/> Randomized trial</p> <p><input type="checkbox"/> Comparative, non-randomized</p> <p><input type="checkbox"/> Non-comparative study</p>	<p>QUOTE:</p> <p>Phase 3, parallel group, randomized, doubleblind, placebo-controlled, superiority, multicentre trial. Allocation ratio is 2:1 in favour of remdesivir</p>
<p><b>POPULATION:</b></p> <p><b>INCLUSION CRITERIA</b></p> <p><input type="checkbox"/> COVID-19</p> <p><input checked="" type="checkbox"/> COVID-19 pneumonia</p> <p><input type="checkbox"/> Severe COVID-19 pneumonia</p>	<p>QUOTE:</p> <p>Men and non-pregnant women with COVID-19 who were aged at least 18 years and were RT-PCR positive for SARS-CoV-2, had pneumonia confirmed by chest imaging, had oxygen saturation of 94% or lower on room air or a ratio of arterial oxygen partial pressure to fractional inspired oxygen of 300 mm Hg or less, and were within 12 days of symptom onset.</p>
<p><b>INTERVENTION</b></p> <p><input checked="" type="checkbox"/> Remdesivir</p>	<p>QUOTE:</p> <p>Patients received either intravenous remdesivir (200 mg on day 1 followed by 100 mg on days 2–10 in single daily infusions) or the same volume of placebo infusions for a total of 10 days.</p>
<p><b>COMPARISON</b></p> <p><input checked="" type="checkbox"/> Placebo (plus standard care)</p> <p><input type="checkbox"/> No treatment (standard care)</p>	<p>QUOTE:</p> <p>Placebo in 350 ml normal saline (0.9% sodium chloride) single daily dose infused intravenously over approximately 30–60 min (with a target time of 30 min) for 1 day (b) Maintenance dose: Placebo in 250 ml normal saline (0.9% sodium chloride) single daily dose infused intravenously over approximately 30–60 min (with a target time of 30 min) for 9 days.</p> <p>No standard treatment was reported. Patients were permitted concomitant use of lopinavir–ritonavir, interferons, and corticosteroids</p>
<p><b>OUTCOMES</b></p>	<p>All-cause mortality: This outcome was measured after</p>

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<input checked="" type="checkbox"/> All-cause mortality  <input checked="" type="checkbox"/> Invasive mechanical ventilation  <input checked="" type="checkbox"/> Adverse effects leading to discontinuation  <input type="checkbox"/> Time to viral clearance  <input checked="" type="checkbox"/> Length of hospital stay  <input type="checkbox"/> Extracorporeal membrane oxygenation  <input checked="" type="checkbox"/> Serious adverse effects	<p>randomization through day 21 (longer follow-up).</p> <p>Mechanical ventilation: This outcome was measured together with other outcomes in an ordinal scale of clinical improvement. The result of the first follow-up was considered.</p> <p>Adverse effects leading to discontinuation: The safety assessment included daily monitoring for adverse events. Safety outcomes included treatment-emergent adverse events, serious adverse events, and premature discontinuations of study drug.</p> <p>Time to viral clearance: This outcome was not reported.</p> <p>Length of hospital stay: This outcome was reported.</p> <p>Extracorporeal membrane oxygenation: This outcome was measured together with other outcomes in an ordinal scale of clinical improvement. This information was not considered for data extraction.</p> <p>Serious adverse events: This outcome was measured after randomization through day 28 (longer follow-up).</p>
<b>RISK OF BIAS</b>	
<p><b>Risk of bias arising from the randomization process</b></p>	<p><b>Some concern risk for all outcomes.</b></p> <p>Some imbalances existed at enrollment between the groups, including more patients with hypertension, diabetes, or coronary artery disease in the remdesivir group than the placebo group. More patients in the control group than in the</p>

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	remdesivir group had been symptomatic for 10 days or less at the time of starting remdesivir or placebo treatment, and a higher proportion of remdesivir recipients had a respiratory rate of more than 24 breaths per min. No other major differences in symptoms, signs, laboratory results, disease severity, or treatments were observed between groups at baseline.
<b>Risk of bias due to deviations from intended interventions</b>	<b>Low risk for all outcomes</b>  The study was blinded to clinicians and research staff.
<b>Risk of bias due to missing outcome data</b>	<b>Low risk of bias</b>  All randomized patients completed the study.
<b>Risk of bias in measurement of outcomes</b>	<b>Low risk of bias for all reported outcomes.</b>  The study was blind to participants. Outcomes are unlikely to be influenced by the assigned intervention.
<b>Risk of bias in selection of reported results</b>	<b>Low risk of bias</b>  All outcomes were listed as pre-planned outcomes and were analyzed in accordance with a pre-specified analysis plan.

<b>SIMPLE 2 (8-11)</b>	<b>Details or comments</b>
<b>REFERENCES</b>	<b>Publication thread for SIMPLE 2</b>
Spinner et al (8)	<a href="#">Epistemonikos</a>  Type: Journal article  <a href="#">Epistemonikos</a>



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<p>NCT04292730 (9)</p> <p>Gilead Sciences (10)</p> <p>Maffei D et al (11)</p>	<p>Type: Trial registry <a href="#">Epistemonikos</a></p> <p>Type: Press release <a href="#">Epistemonikos</a></p> <p>Type: Press release <a href="#">Epistemonikos</a></p>
<p><b>STUDY DESIGN</b></p> <p><input checked="" type="checkbox"/> Randomized trial</p> <p><input type="checkbox"/> Comparative, non-randomized</p> <p><input type="checkbox"/> Non-comparative study</p>	<p>QUOTE:</p> <p>Randomized, open-label trial of hospitalized patients.</p> <p>Patients were enrolled at 105 hospitals in the United States, Europe, and Asia between 15 March, 2020, and 18 April, 2020, and randomly assigned in a 1:1:1 ratio to receive up to a 5-day course of remdesivir, up to a 10-day course of remdesivir, or standard care. Randomization was not stratified.</p>
<p><b>POPULATION: INCLUSION CRITERIA</b></p> <p><input type="checkbox"/> COVID-19</p> <p><input checked="" type="checkbox"/> COVID-19 pneumonia</p> <p><input type="checkbox"/> Severe COVID-19 pneumonia</p>	<p>QUOTE:</p> <p>Eligibility Criteria</p> <p>A. Inclusion Criteria</p> <p>Patients must meet all of the following inclusion criteria to be eligible for participation in this study:</p> <ol style="list-style-type: none"> <li>1. Willing and able to provide written informed consent (participants <math>\geq</math> 18 years of age) or assent (participants <math>\geq</math> 12 and <math>&lt;</math> 18 years of age) prior to performing study procedures. For participants <math>\geq</math> 12 and <math>&lt;</math> 18 years of age, a parent or legal guardian willing and able to provide written informed consent prior to performing study procedures</li> <li>2. Aged <math>\geq</math> 18 years (at all sites), or aged <math>\geq</math> 12 and <math>&lt;</math> 18 years of age weighing <math>\geq</math> 40 kg (where permitted according to local law and approved nationally and by the relevant institutional review board [IRB] or</li> </ol>

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	<p>independent ethics committee [IEC])</p> <p>3. SARS-CoV-2 infection confirmed by PCR <math>\leq</math> 4 days before randomization</p> <p>4. Currently hospitalized and requiring medical care for COVID-19</p> <p>5. SpO2 &gt; 94% on room air at screening</p> <p>6. Radiographic evidence of pulmonary infiltrates</p> <p>7. Men and women of childbearing potential who engage in heterosexual intercourse must agree to use protocol specified method(s) of contraception.</p>
<p><b>INTERVENTION</b></p> <p><input checked="" type="checkbox"/> Remdesivir</p>	<p>QUOTE:</p> <p>200 mg of remdesivir intravenously on day 1, followed by 100 mg of remdesivir once daily for the subsequent days, infused over 30 to 60 minutes. 5-day course of remdesivir, up to a 10-day course of remdesivir</p>
<p><b>COMPARISON</b></p> <p><input type="checkbox"/> Placebo (plus standard care)</p> <p><input checked="" type="checkbox"/> No treatment (standard care)</p>	<p>QUOTE:</p> <p>Treatment with standard of care according to local guidelines. The original protocol allowed use of other agents with presumptive activity against SARS-CoV-2 if such use was local standard care. This exception was disallowed in a subsequent amendment.</p>
<p><b>OUTCOMES</b></p> <p><input checked="" type="checkbox"/> All-cause mortality</p> <p><input checked="" type="checkbox"/> Invasive mechanical ventilation</p> <p><input type="checkbox"/> Adverse effects leading to discontinuation</p> <p><input type="checkbox"/> Time to viral clearance</p>	<p>All-cause mortality: This outcome was measured at 7, 14 and 28 days of follow up.</p> <p>Mechanical ventilation: This outcome was measured together with other outcomes in an ordinal scale of clinical improvement. The result of the first follow-up was considered.</p> <p>Adverse effects leading to discontinuation: Reported, but not usable in a meta-analysis</p> <p>Time to viral clearance: This outcome was not reported.</p>

<p><input type="checkbox"/> Length of hospital stay</p> <p><input type="checkbox"/> Extracorporeal membrane oxygenation</p> <p><input checked="" type="checkbox"/> Serious adverse effects</p>	<p>Length of hospital stay: Reported, but not usable in a meta-analysis.</p> <p>Extracorporeal membrane oxygenation: This outcome was measured together with other outcomes in an ordinal scale of clinical improvement. This information was not considered for data extraction.</p> <p>Serious adverse events: This outcome was measured after randomization through day 28 (longer follow-up).</p>
<p><b>RISK OF BIAS</b></p>	
<p><b>Risk of bias arising from the randomization process</b></p>	<p><b>Low risk for all outcomes.</b></p> <p>The allocation sequence was adequately concealed. Any baseline differences observed between intervention groups appear to be compatible with chance.</p> <p>Patients were enrolled at 105 hospitals in the United States, Europe, and Asia between 15 March, 2020, and 18 April, 2020, and randomly assigned in a 1:1:1 ratio to receive up to a 5-day course of remdesivir, up to a 10-day course of remdesivir, or standard care. Randomization was not stratified. The randomization list was created and validated by the interactive web response system (IWRS) vendor. A dummy randomization list was provided in Microsoft Excel format to the biostatistician employed by the study sponsor for review. A separate list of sequential patient numbers within each treatment group was generated by the IWRS vendor. The randomization had a block size of 6. Based on the treatment from the randomization list, the IWRS provided the next sequential patient number to the site along with the treatment group assignment. The appropriate number of vials of open-label study</p>

	<p>drug were assigned to the patient. Sites did not have access to the randomization list and could not know the sequence of treatments.</p>
<p><b>Risk of bias due to deviations from intended interventions</b></p>	<p><b>Some concern for all outcomes.</b></p> <p>A small proportion of patients allocated to remdesivir did not start treatment; there may be some chances that some disclosed reasons could be conditioned by the clinicians knowledge of patients' condition</p> <p>Also, there were critical differences in concomitant medication received between groups because of the trial context. Other cointerventions. It is possible that trial personnel (carers and people delivering the interventions) undermine the trial comparisons by implementing non-protocol interventions or failing to implement the protocol interventions.</p> <p>Treatment was open label because the sponsor had an insufficient number of placebo-containing vials to support this trial.</p> <p>The original protocol allowed use of other agents with presumptive activity against SARS-CoV-2 if such use was local standard care. Although this exception was disallowed in a subsequent amendment, some patients had already received other concurrent therapies.</p>
<p><b>Risk of bias due to missing outcome data</b></p>	<p><b>Low risk for all outcomes.</b></p> <p>Outcome data were available for all, or nearly all, randomized participants</p> <p>Of 612 patients who consented and were assessed for eligibility, 596 underwent randomization and 584 began the study: 193 began a 10-day</p>

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	<p>course of remdesivir, 191 patients began a 5-day course of remdesivir, and 200 continued standard care. Of the 16 patients who were not randomized, 13 did not meet eligibility criteria and 3 withdrew consent. Twelve randomized patients did not receive treatment: 8 withdrew consent, 3 had protocol violations, and 1 was withdrawn by investigator discretion.</p>
<p><b>Risk of bias in measurement of outcomes</b></p>	<p><b>Low risk of bias for all outcomes.</b></p> <p>The measurement or ascertainment of the outcome did not differ between intervention groups and the assessment of the outcome could not have been influenced by knowledge of the intervention received.</p>
<p><b>Risk of bias in selection of reported results</b></p>	<p><b>Low risk of bias</b></p> <p>All outcomes were listed as pre-planned outcomes and were analyzed in accordance with a pre-specified analysis plan.</p>

## References to included randomized trials

1. Beigel JH, Tomashek KM, Dodd LE, Mehta AK, Zingman BS, Kalil AC, Hohmann E, Chu HY, Luetkemeyer A, Kline S, Lopez de Castilla D, Finberg RW, Dierberg K, Tapson V, Hsieh L, Patterson TF, Paredes R, Sweeney DA, Short WR, Touloumi G, Lye DC, Ohmagari N, Oh MD, Ruiz-Palacios GM, Benfield T, Fätkenheuer G, Kortepeter MG, Atmar RL, Creech CB, Lundgren J, Babiker AG, Pett S, Neaton JD, Burgess TH, Bonnett T, Green M, Makowski M, Osinusi A, Nayak S, Lane HC, ACTT-1 Study Group Members. Remdesivir for the Treatment of Covid-19 - Preliminary Report. *The New England journal of medicine*. 2020;
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  8. Spinner CD, Gottlieb RL, Criner GJ, Arribas López JR, Cattelan AM, Soriano Viladomiu A, Ogbuagu O, Malhotra P, Mullane KM, Castagna A, Chai LYA, Roestenberg M, Tsang OTY, Bernasconi E, Le Turnier P, Chang SC, SenGupta D, Hyland RH, Osinusi AO, Cao H, Blair C, Wang H, Gaggar A, Brainard DM, McPhail MJ, Bhagani S, Ahn MY, Sanyal AJ, Huhn G, Marty FM, GS-US-540-5774 Investigators. Effect of Remdesivir vs Standard Care on Clinical Status at 11 Days in Patients With Moderate COVID-19: A Randomized Clinical Trial. *JAMA*. 2020;
  9. Gilead Sciences. Study to Evaluate the Safety and Antiviral Activity of Remdesivir (GS-5734™) in Participants With Moderate Coronavirus Disease (COVID-19) Compared to Standard of Care Treatment. [clinicaltrials.gov](https://clinicaltrials.gov). 2020;
  10. Gilead Sciences, Inc.. Gilead Announces Results From Phase 3 Trial of Remdesivir in Patients With Moderate COVID-19. Press Release. 2020;
  11. Maffei D, Sonia C. Gilead Announces Results From Phase 3 Trial of Remdesivir in Patients With Moderate COVID-19. *Business Wire*. 2020;

**Excluded studies**

Study name	Reason for exclusion
<p><b>SIMPLE</b></p> <p>Goldman et al (12)</p> <p>NCT04292899 (13)</p> <p>Press release (14)</p>	<p>Wrong comparison</p>
<p><b>Humeniuk R et al</b></p> <p>Humeniuk R et al (15)</p>	<p>Wrong population</p>

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12. Goldman JD, Lye DCB, Hui DS, Marks KM, Bruno R, Montejano R, Spinner CD, Galli M, Ahn MY, Nahass RG, Chen YS, SenGupta D, Hyland RH, Osinusi AO, Cao H, Blair C, Wei X, Gaggar A, Brainard DM, Towner WJ, Muñoz J, Mullane KM, Marty FM, Tashima KT, Diaz G, Subramanian A, GS-US-540-5773 Investigators. Remdesivir for 5 or 10 Days in Patients with Severe Covid-19. *The New England journal of medicine*. 2020;
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